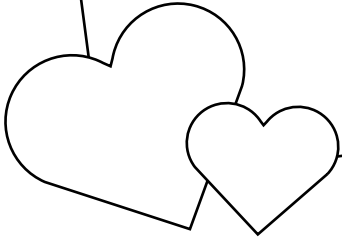
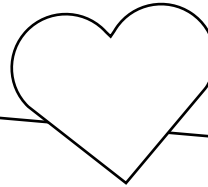


# Dear \_\_\_\_\_

**I feel proud of myself  
when I...**



**One thing that  
makes me special is...**



**Something I'm really  
good at is...**

**My body is amazing  
because it can...**

**The Self-Love  
Letter Project**

[brightlife.kids/love](http://brightlife.kids/love)



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